Alex Berezow, PhD

VP, Scientific Communications

American Council on Science and Health

alex@acsh.org

Alliance for Risk Assessment

Beyond Science and Decisions, Workshop XII

Debunking Junk Risk Assessment Science Junk Science News Is a Big Problem

FOX NEWS

SEARCH

NEW YORK POST

How scientists actually could bring dinosaurs back to life

By Larry Getlen

January 7, 2017 | 2:57pm | Updated

The Washington Post

Ocasio-Cortez says the world will end in 12 years. She is absolutely right.

> The New Hork Times NEW YORK POST

> > **NEWS**

'Breatharian' couple survives on 'the universe's energy' instead of food

By Lauren Windle, The Sun

June 15, 2017 | 2:19pm | Update



Broken Promises of Genetically Modified Crops

USA TODAY

HEALTHY MAMA . Published February 15, 2015 Last Update March 27, 2015 Homeopathy: A natural alternative for pregnancy & postpartum issues

By Julie Revelant, | Fox News

TRAVEL **DEAR DEID** Parenting

BREWER'S BREAST Guys watch out! Your favourite pint of beer could be giving you MAN BOOBS

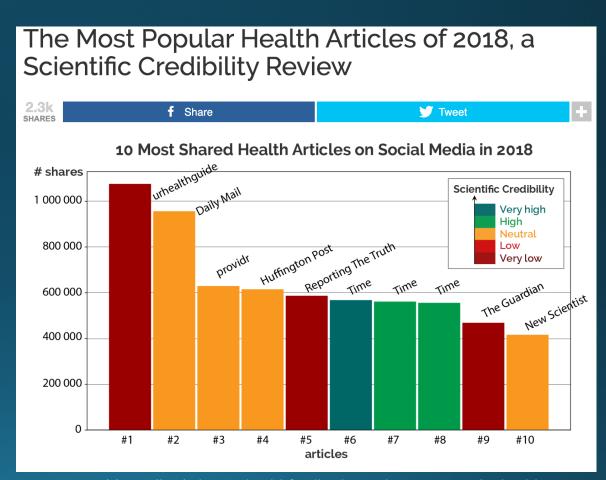
Search jobs Sign in Q Search ~

Culture Lifestyle More ~ Sport ronment Soccer US Politics Business Tech Science • This article is more than 1 year old **Read The Guardian withou** Spread of breast cancer linked to interruption on a compound in asparagus and other foods **your devices**

Nutella, bacon and other foods you love that are linked to cancer

All Those Headlines Are Inaccurate

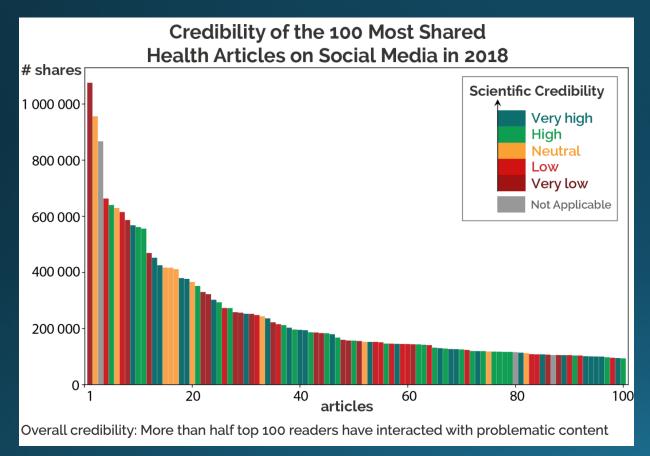
- Like a fish in water, we are swimming in B.S.
- This is true for many of the science and health headlines you read
- One study showed that 7 of the top 10 most popular health stories in 2018 were at least partially misleading
 - Note: Neutral stories "may not be factually wrong, [but] they may also contain problems such as exaggerations, misleading content and logical fallacies... [They] have a long way to go in terms of providing highly credible information to readers."

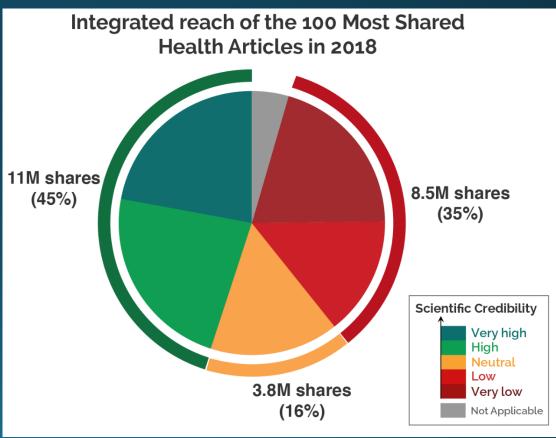


Source: Health Feedback (https://healthfeedback.org/the-most-popular-health-articles-of-2018-a-scientific-credibility-review/)

How About the Top 100?

96% of these shares were on Facebook





Source: Health Feedback (https://healthfeedback.org/the-most-popular-health-articles-of-2018-a-scientific-credibility-review/)

Risk Assessment: Health News

- Health news coverage is particularly bad, especially when it involves explaining risk (or benefit)
- Health news coverage usually comes in one of two flavors:
 - Chemical X is found everywhere in the environment and we're all dying
 - X is the new superfood and will prevent cancer and dementia
- No wonder the public thinks that scientists and doctors often don't know what they're doing

Risk Assessment: Sensationalism

- Facebook
- Wine
- Catching a cold (in childhood)
- Antiperspirants
- French Fries
- Vitamin Supplements
- Red Food Dyes
- Sugar
- Salt
- Coffee
- Hair Dyes
- Mouthwash
- Sun Tan Lotions
- Potato Chips
- Moisturizers
- Cell Phones
- Talcum Powder
- Chicken
- Alcohol
- Smoked Salmon
- Baby Shampoo
- Eggs
- Milk
- Corn

- Cheese
- Butter
- Bread
- Bacon
- Chicken
- Grapefruit
- Vegetable Oils
- Coca-Cola
- Flying on an Airplane
- Airport Scanners
- Male Hair-Loss Pills
- Artificial Sweeteners
- Cholesterol-lowering Drugs
- Bras
- Household Cleaning Products
- Air Fresheners
- Aspirin
- Milk
- Microwave Ovens
- Fluoridated Water
- Burnt Toast
- Brushing your teeth poorly
- Marijuana
- Modern Life (Yes, life, itself.)

Source:



Consequences: Risk Misunderstood

- People fear exotic things...
 - GMOs
 - Vaccines
 - Nuclear power
 - 5G technology
- ...But not actual threats
 - Car crashes
 - Influenza/pneumonia
 - Food poisoning





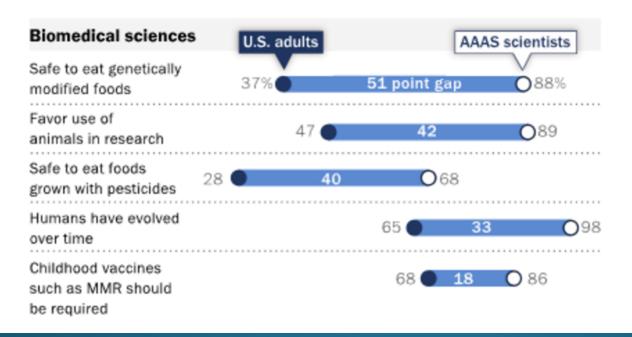


Consequences: Public vs. Scientists

Opinion Differences Between Public and Scientists

Opinion Differences Between Public and Scientists

% of U.S. adults and AAAS scientists saying each of the following



Source: Pew

Consequences: Conspiracy Theories



- FDA and pharmaceutical industry is hiding a cure for cancer
- About half of Americans believe in at least one conspiracy theory
- Conspiracy theorists believe mutually incompatible conspiracies

Consequences: Jackpot Lawsuits

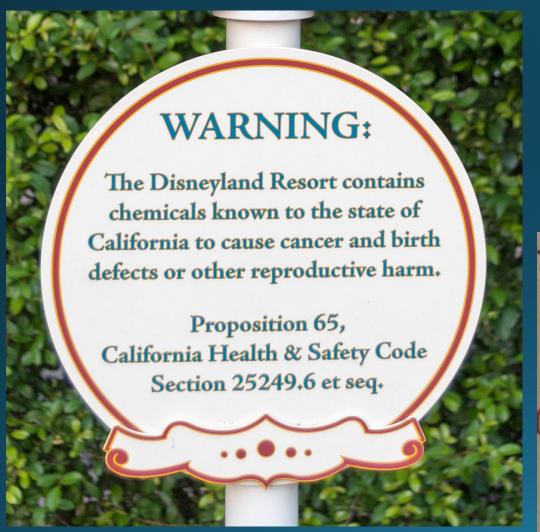
 Companies are getting sued – and losing billions of dollars – for diseases they did not cause The New York Times

\$2 Billion Verdict Against Monsanto Is Third to Find Roundup Caused Cancer

The New York Times

Johnson & Johnson Loses
Bid to Overturn a \$4.7
Billion Baby Powder Verdict

Consequences: Bizarre Warning Signs



MAXIMUM OCCUPANCY
118
PERSONS

WARNING:

This Area Contains
Chemicals Known To
The State of California
To Cause Cancer and
Birth Defects Or Other
Reproductive Harm

You may be at risk for throat cancer if you:

- · Smoke or chew tobacco;
- · Have a throat or mouth;
- · Have hoarseness that won't go away;
- Have trouble swallowing food;
- · A lump in your neck.

Get checked now.

Fixing Things

12 Solutions to Junk Science

(How Scientists & Journalists Can Fight Back!)

#1. Use Facts AND Emotion



- Facts alone do not persuade people
 - People would rather hold on to incorrect information rather than admit being wrong
- People like stories. Use them!
- You must first convince people that you care. Then, you might convince them they are wrong.

#2. Demand Better Science Writing



- Media can't even get basic facts right. Why?
- Most reporters have no science background
 - Don't understand scientific terminology
 - The "E. coli virus"
 - Theories, hypotheses, certainty, significance have different colloquial meanings
 - Don't understand differences in methodology
 - No ability to read or understand papers
- People are bad at risk assessment
 - Put risk into a context that people understand
 - Example: Compare risk of death from X to risk of death from cancer, car accidents, etc.

#3. Stop Presenting "Both Sides"





- Present "both sides" of the story
- But science does not work like that
- Mainstream ("Consensus") vs. Fringe





- Fringe opinions don't deserve equal time
 - Humans play no role in climate change
 - Genetic modification is dangerous
 - Vaccines cause autism

#4. Understand that "Half True" Is Still a Lie

 Politifact and other factcheckers frequently call statements "mostly true" or "half true"

- But is that really possible?
- The most effective lies incorporate some truth



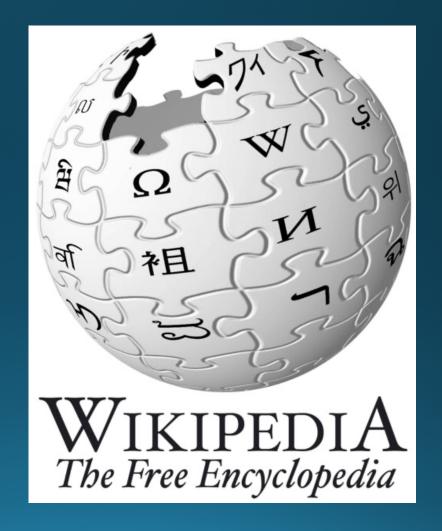
#5. Never Sensationalize!

- Americans are particularly bad at this
 - Everything is either the "best ever" or "worst ever"
 - Lacks context and historical perspective
- Examples of hype:
 - Chemical X is poisoning us all!
 - Miracle vegetable will cure cancer!
 - New exoplanet probably has life on it!



#6. Reestablish Expertise

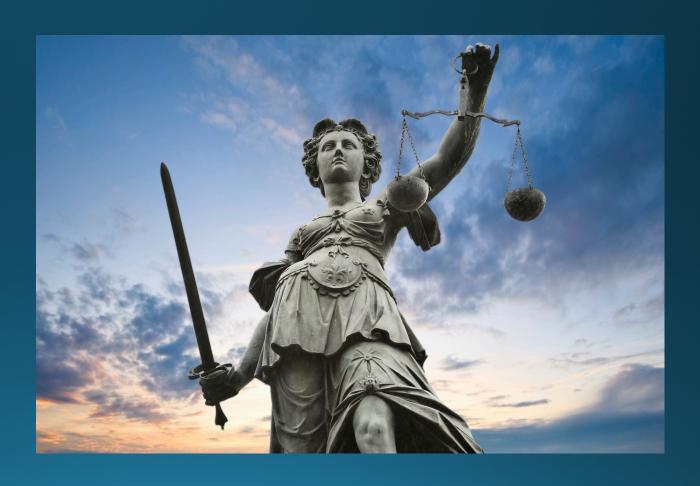
- Science is an <u>elite</u> activity
 - Everybody is welcome...
 - But you must play by the rules
- Internet is blessing and curse
 - Confirmation bias
 - Do not read opposing information
 - Echo chamber
 - Information is easy to find
 - Includes bad information
 - "Wikiexperts"
 - Rejection of real experts



#7. Apply Epistemic Standards Equally

 Hold your intellectual allies and opponents to the same epistemic standard

Anything less is dishonest



#8. Be Transparent



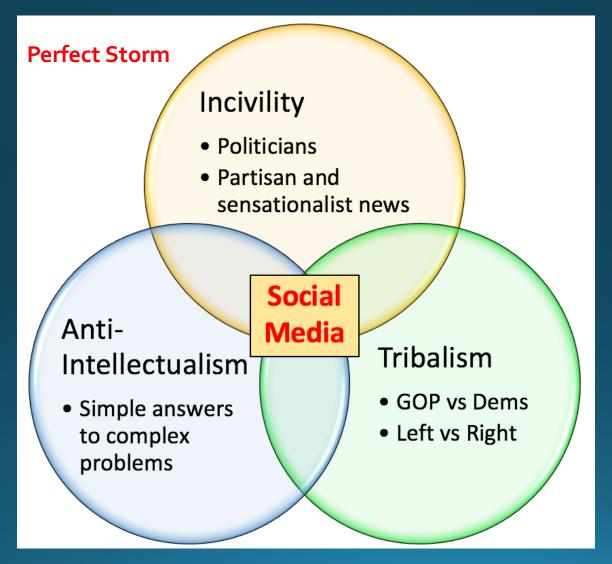
- Explicitly identify your values & priorities
 - Every person should do this
 - It will help you learn more about yourself and your own biases
- News sources
 - Preface them with: "This is a conservative outlet," or this is a "center-left think tank"
 - Assume you might learn something from any legitimate news source
 - Don't pretend that you read the "truth" and everybody else reads "lies"

#9. Be Skeptical of Viral Stories

- Especially if...
 - It's about politics
 - It's meant to frighten you or provoke action
 - It's a science story that reads like a press release
 - It makes wide, sweeping conclusions based on limited information
 - It ties the research to something only tangentially related
- Check to see if other trustworthy outlets have also covered the story



#10. Use Social Media for Good, Not Evil



#11. Adhere to a Sensible "News Diet"

- Eliminate "junk news" from your diet
- Eliminate constant bad news (which is bad for your health)
- Keep your diet of overtly partisan news sources to a minimum
- Avoid "outrage du jour" stories



#12. Distinguish Science from Policy

- We can agree on science, but disagree on policy
 - Climate change
 - Cloning extinct animals
 - Colonizing space
- Policy involves differences in priorities & values
 - Economics
 - Ethics
 - Law



Question Time!

